

InStyle

May 2014

2014 BEST Beauty Buys!

165
EXPERT
PICKS!!

Cameron!
OPENS UP ABOUT
GUYS, AGING
& BODY IMAGE

10
WAYS TO
WAKE UP
GORGEOUS
SUPER-CUTE
SUMMER
DRESSES

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2014 BEST BEAUTY BUYS

Ever wish you had Reese Witherspoon's hairstylist, Kerry Washington's makeup maven, and J. Law's manicurist on speed dial? With our 19th annual guide—for which experts to the A-listers divulged their must-haves—consider yourself inner circle. So say hello to flashbulb-friendly foundation and decadent diamond-dusted nail polish, and wave good-bye forever to beauty buyer's remorse. Heeding this kind of advice? Always a good call.

BY SUZANNE ZUCKERMAN
PHOTOGRAPHED BY BRIAN HENN

Plus!
20%
OFF
EDITORS'
PICKS!

INSIDE *InStyle* CONTRIBUTORS

BEST BEAUTY BUYS

Thank You to Our Pros!

When not busy beautifying superstars like Beyoncé and Sandra Bullock, these hair, skin, nail, and makeup wizards are road testing products to make their celebrity clients even more gorgeous. Turn to p. 265 to see the items they're obsessed with—plus so many others we can't live without



Nars Single Eye Shadow in Strada, \$25; sephora.com.

Tweezerman Slant Tweezer, \$22; tweezerman.com.

Nars Nail Polish in Dovima, \$15; narscosmetics.com.

Tarte LipSurgence Lip Tint in Spirited, \$24; tarte.com.

Doctors

Ramsey Alsarraf, David Bank, Leslie Baumann, Susan Binder, Whitney Bowe, Karen Burke, Charles Crutchfield, Paul Jarrod Frank, Francesca Fusco, Ellen Gendler, Mona Gohara, Mitchel Goldman, Emmy Graber, Jeannette Graf, Karyn Grossman, Melanie Grossman, Ranella Hirsch, Debra Jaliman, Adam Kolker, Amy Lewis, Jennifer MacGregor, Ellen Marmur, Ariel Ostad, Marina Peredo, Anthony Rossi, Sejal Shah, Noëlle Sherber, Sohail Simzar, Elizabeth Tanzi, Heidi Waldorf, Jessica Wu

Hair- stylists

Adir Abergel, Cynthia Alvarez, Chuck Amos, Jonathan Antin, Kathy Benghanem, Jen Blanchard, Hallie Bowman, Melissa Bridgers, Riawna Capri, Gabrielle Corney, Anthony Cristiano, David Evangelista, Kathy Galotti, Amanda George, Giannandrea, Jonathan Hanousek, Nathaniel Hawkins, Jennifer Johnson, Amber Kerns, Andy Lecompte, River Lloyd, Chris Lospalluto, Cervando Maldonado,

Brant Mayfield, Campbell McAuley, Patrick Melville, Marc Mena, Mischelle Navar, Neeko, Paul Norton, Carla Gentry Osorio, Troy Peppin, Amy Pitters, Alex Polillo, Nathan Rosenkranz, Gregorio Ruggeri, Nunzio Saviano, Tippi Shorter, Larry Sims, David Stanwell, Ursula Stephen, Anh Co Tran, Robert Vetica, Lona Vigi, Kyle White

Makeup Artists

Sir John Barnett, Nick Barose, Gita Bass, Sabrina Bedrani, Kim Bower, Tasha Reiko Brown, Kristofer Buckle, Coleen Campbell-Olwell, Mario Dedivanovic, Katey Denno,

Pati Dubroff, Carola Gonzalez, Bruce Grayson, Troy Jensen, Anthea King, Tracey Levy, Jo-Anna Lynn, Kerry Malouf, Gina Mari (aesthetician), Daniel Martin, Mylah Morales, Quinn Murphy, Beau Nelson, Mai Quynh, Jeannia Robinette, Andre Sarmiento, Vanessa Scall, Derek Selby, Joanna Simkin, Jessica Smalls, Lucky Smyler, Vera Steimberg, Molly Stern, Justin Tyme, Matthew VanLeeuwen, Bruce Wayne, Rachel Wood

Mani- curists

Ana-Maria, Melissa Bozant, Joanna Czech, Jenni Draper, Maisie Dunbar, Elle, April Foreman, Beth Fricke, Honey, Julie Kandalec, Kris Kiss, Ran Kowatari, Kimmie Kyees, Emma Lara, Lisa Logan, Trish Lomax, Sunshine Outing, Madeline Poole, Anatole Rainey, Naja Rickette, Dawn Sterling, Tracey Sutter, Alicia Torello, Ami Vega, Barbara Warner, Patricia Yankee, Aggie Zaro

BEST BEAUTY BUYS || SKIN



Anti-Aging

EDITORS' PICK 105. L'Oréal Paris Revitalift Miracle Blur

This fast-acting finishing cream can be worn alone or under makeup to deliver a final dose of oil-absorbing silica and fade the look of fine lines and pores. Instant gratification junkies will be hooked. \$25. Go to instyle.com/bbbpicks for discount.

WRINKLE TREATMENT

106. SkinMedica Retinol Complex .25

This elegant formula, which is also available in two stronger dosages,

helps defend the face against free radicals and is even suitable for dry skin. \$60; skinmedica.com for doctors and spas.

INEXPENSIVE WRINKLE TREATMENT

107. ROC Retinol Correxion Deep Wrinkle Night Cream

If you're a retinol rookie, this lavish cream is an effective (and affordable) first foray. "People need time to build up tolerance for stronger prescription retinoids," says Dr. Karyn Grossman, who touts its swift work on fine lines, yawning pores, and brown spots. \$24; walgreens.com.

EYE CREAM 108. Neocutis Lumière Bio-Restorative

Dry, puffy undereye bags are a drag. This caffeine-infused formula lightens dark circles and "creates a smoothing effect," says N.Y.C. dermatologist Ellen Gendler. It also works as a primer for concealer. Baggage? Checked. \$85; neocutis.com for physicians.

PEEL KIT

109. Dr. Dennis Gross Alpha Beta Peel

Two steps and a dozen skin benefits? We like the return on that investment. The first of two pads is loaded with cell-renewing, pore-clearing acids. The second transmits protective antioxidants. Together they target everything from

acne to age spots, says Dr. Sejal Shah. \$82/30; dgs skincare.com.

DISCOLORATION TREATMENT

110. SkinMedica Lytera

Melasma (recurring brown patches caused by hormonal shifts and sun exposure) isn't pretty. But this brightener is—and so are the results, says Smithtown, N.Y., dermatologist Marina Peredo. Laced with skin-firming vitamin C, moisturizing niacinamide, and anti-aging retinol, it targets isolated dark spots but can also be used to illuminate your entire face. \$125; skinmedica.com for doctors and spas.

LINE FILLER

111. Olay Regenerist Fill & Seal Wrinkle Treatment

On George Clooney, eye crinkles are cute. On the rest of us? Not so much, especially once foundation settles in. Devised as an alternative to injectables, this vitamin E-rich ointment instantly fills fine lines around the eyes, forehead, and mouth, says Dr. Shah. \$20; amazon.com.

EXFOLIATOR

112. Aveeno Positively Radiant Skin Brightening Daily Scrub

Some scrubs can leave microscopic lacerations in their wake, but the round microbeads in this soy-based brightener are gentle enough for daily exfoliating, says Dr. Emmy Graber. \$7; aveeno.com.



Sun Care & Self-Tanners

SPORT SUNSCREEN

128. SkinCeuticals Sport SPF 50
What does it take to win this category? Powerhouse UVA/UVB-blocker titanium zinc oxide, for one. But with added antioxidants—and a plankton extract that N.Y.C. plastic surgeon Adam Kolker says protects skin from heat stress—this player goes the extra mile. \$40; skinceuticals.com.

OIL-FREE FACIAL SUNSCREEN

129. EltaMD UV Clear SPF 46
This physical block is equal parts antiacne warrior and sun shield. It owes its best-of-both-worlds abilities to

its powerful ingredients, namely high-purity niacinamide, to calm stubborn spots, and zinc oxide, to block sun rays. Hard to categorize? Yes. But nearly impossible to do without. \$30; eltamd.com for doctors.

FACIAL SUNSCREEN

130. La Roche-Posay Anthelios Ultra Light Fluid SPF 60
Let's face it—many heavy-duty sunscreens can be a thick, hot mess. Thankfully, this water-resistant bad boy is practically weightless. Karen Burke, an N.Y.C. dermatologist, says its main UVA/UVB-blocker, mexoryl, "is super-protective," yet the texture isn't sticky, so you can layer it under foundation. \$30; laroche-posay.us.

BODY SELF-TANNER

131. St. Tropez Everyday Gradual Tan
Makeup artists praise the gel for what it has: erythrulose, a nontoxic tanning agent found in raspberries that provides color so you see where you're applying it to avoid streaks. But they also applaud what it lacks: "that horrible self-tanner smell," says N.Y.C. makeup artist Bruce Wayne. \$30; sephora.com.

EDITORS' PICK

132. Dr. Dennis Gross Alpha Beta Daily Glow Moisture
This slow-developing self-tanner is as helpful to skin as real tans are harmful. With glycolic acid, moisture-sealing phospholipids, and pore-clearing willow bark extract in the mix, it's no wonder Dr. Gross nicknamed it Glotion. \$42. Go to instyle.com/bbbpicks for discount.

FACE SELF-TANNER

133. Clarins Liquid Bronze
Its glow looks supernatural, not "supernatural," says L.A. makeup artist Tracey Levy, who suggests applying this lotion under morning makeup and letting it "build throughout the day, effortlessly." The formula also complements a spectrum of complexions, from fair to olive. \$36; clarins.com.

ECO-FRIENDLY SUN-CARE BRAND

134. Colorescience
This hybrid line thinks like sunblock but acts like makeup. Its Skin Bronzing Face Primer contains dimethicone, "a silicone base that gives you a flawless look," says

Smithtown, N.Y., dermatologist Marina Peredo. But since there's zinc oxide and titanium dioxide in every facial product, protection is a top priority. Primer, \$46; colorescience.com.

BODY SUNSCREEN

135. EltaMD SPF 30+
An all-over sunscreen that's refined enough to use on your face? Now we've heard everything. The transparent zinc oxide in this lotion won't leave you chalky or alter your makeup. Best of all, says Dr. Susan Binder, this multitasker cuts down on medicine-cabinet clutter. "It's so light you could use it as a daily moisturizer." \$30; eltamd.com for doctors.