

# COSMOPOLITAN

Ughhhhh:  
Cheating  
is about to  
be easier  
than  
ever\*

\*This is a case for the FBI.

All  
hail  
Mariah  
QUEEN  
OF WHATEVER  
TF SHE  
WANTS

TEXT  
"SUBSCRIBE"  
TO  
77177  
TO GET THIS  
GOODNESS  
EVERY  
MONTH

MESSAGE AND DATA  
RATES MAY APPLY

If you're  
this sign,  
you're  
probably  
gonna  
be  
famous

13  
THINGS TO

Yes, that is  
her own face  
on her  
shirt.

AUGUST 2019

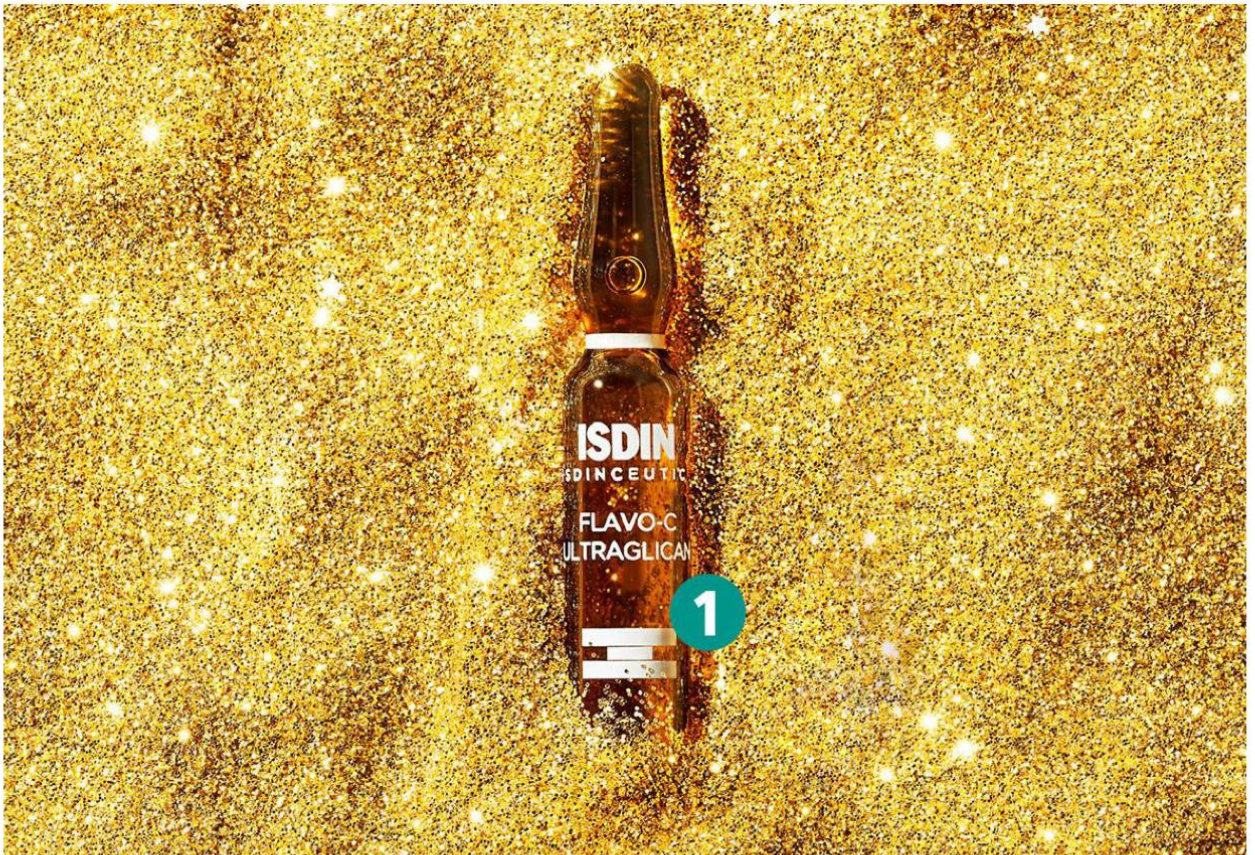


b e a u t y

# Sometimes expensive skin care really is worth it

\*Opens “spensy product splurges” savings account\*

By LAUREN BALSAMO



A high-priced product top derms swear by







# MORE HIGH-PRICED PRODUCTS TOP DERMS SWEAR BY

## 2. GROWTH FACTOR SERUM \$295

“This is one of the best serums I’ve seen for smoothing deep lines, firming skin, and reducing sagging. More impressive, though, is that people start to see results within the first two weeks. It helps cells behave optimally for healthier skin.” —Anne Chapas, MD

**Skin Medica** TNS Advanced+ Serum, [skinmedica.com](https://www.skinmedica.com)

## 3. SUNSCREEN \$68

“You need to invest in a good daily sunscreen—it’s hands down the best way to prevent skin cancer and signs of aging. This one from Elizabeth Arden has SPF 50 and antioxidants like green tea and ferulic acid to protect you from pollution.” —Shari Marchbein, MD

**Elizabeth Arden Prevage** City Smart, [elizabetharden.com](https://www.elizabetharden.com)

## 4. PEPTIDE SERUM \$195

“This is the ultimate multitasker. It clears away damaged skin cells and also supports healthy collagen and elastin—two proteins in skin that keep it plump and firm. And the silky texture is great for layering under other skin-care products and makeup.” —Marina Peredo, MD

**Alastin Skincare** Regenerating Skin Nectar, [alastin.com](https://www.alastin.com)

## 5. RETINOID \$180

“This nonirritating serum significantly reduces the appearance of lines and wrinkles within four weeks by upping cell turnover (hi, new, smooth skin) and collagen production. It also contains glycolic and lactic acids, which really improve skin tone and texture.” —Dendy Engelman, MD

**Skinbetter Science** Intensive AlphaRet Overnight Cream, [skinbetter.com](https://www.skinbetter.com)

## 6. MOISTURIZER \$128

“If you want good skin, you need a healthy, functioning skin barrier—and that’s where this cream comes in. It uses a specific ratio of ceramides, cholesterol, and fatty acids that is identical to the lipids in your skin—and makes your face clear and glowy.” —Mona Gohara, MD

**Skin Ceuticals** Triple Lipid Restore 2:4:2, [skinceuticals.com](https://www.skinceuticals.com)